

Meeting and Understanding Unmet Needs

Look over the list of ten intimacy needs. First, mark the three (3) needs you consider the most important for you to receive from your partner. Put the number 1, 2 and 3 in the box corresponding with the order of priority of the Intimacy need. Next, also mark the three (3) needs you think your partner would consider most important to receive from you right.

Top Ten Intimacy Needs

<u>Myself</u>		<u>Spouse</u>
<input type="checkbox"/>	Acceptance -deliberate and ready reception with a favorable positive response (Rom. 15:7)	<input type="checkbox"/>
<input type="checkbox"/>	Affection -to communicate care and closeness through physical touch (Rom. 16:16)	<input type="checkbox"/>
<input type="checkbox"/>	Appreciation - to communicate with words and feelings a personal gratefulness for another (I Cor.11:2).	<input type="checkbox"/>
<input type="checkbox"/>	Approval -expressed commendation; to think and speak well of (Romans 14:8)	<input type="checkbox"/>
<input type="checkbox"/>	Attention -to make thought of another and convey appropriate interest and support; to enter into another's world (I Cor. 12:25).	<input type="checkbox"/>
<input type="checkbox"/>	Comfort (empathy)-to come alongside with word, feeling and touch; to give consolation with tenderness (Rom. 12:15).	<input type="checkbox"/>
<input type="checkbox"/>	Encouragement -to urge forward and positively persuade toward a goal (I Thes. 5:11, Heb. 10:24).	<input type="checkbox"/>
<input type="checkbox"/>	Respect -to value and regard highly; to convey great worth (Rom. 12:10)	<input type="checkbox"/>
<input type="checkbox"/>	Security -confidence of harmony in relationships; free from harm (Rom.12:16a)	<input type="checkbox"/>
<input type="checkbox"/>	Support -come alongside and gently help carry a load (Gal.6:2)	<input type="checkbox"/>