

How Deep is Your Love? Part 2 The Four Seeds of Marriage

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MARCH 7, 2020

What do you
KNOW
about an
apple?



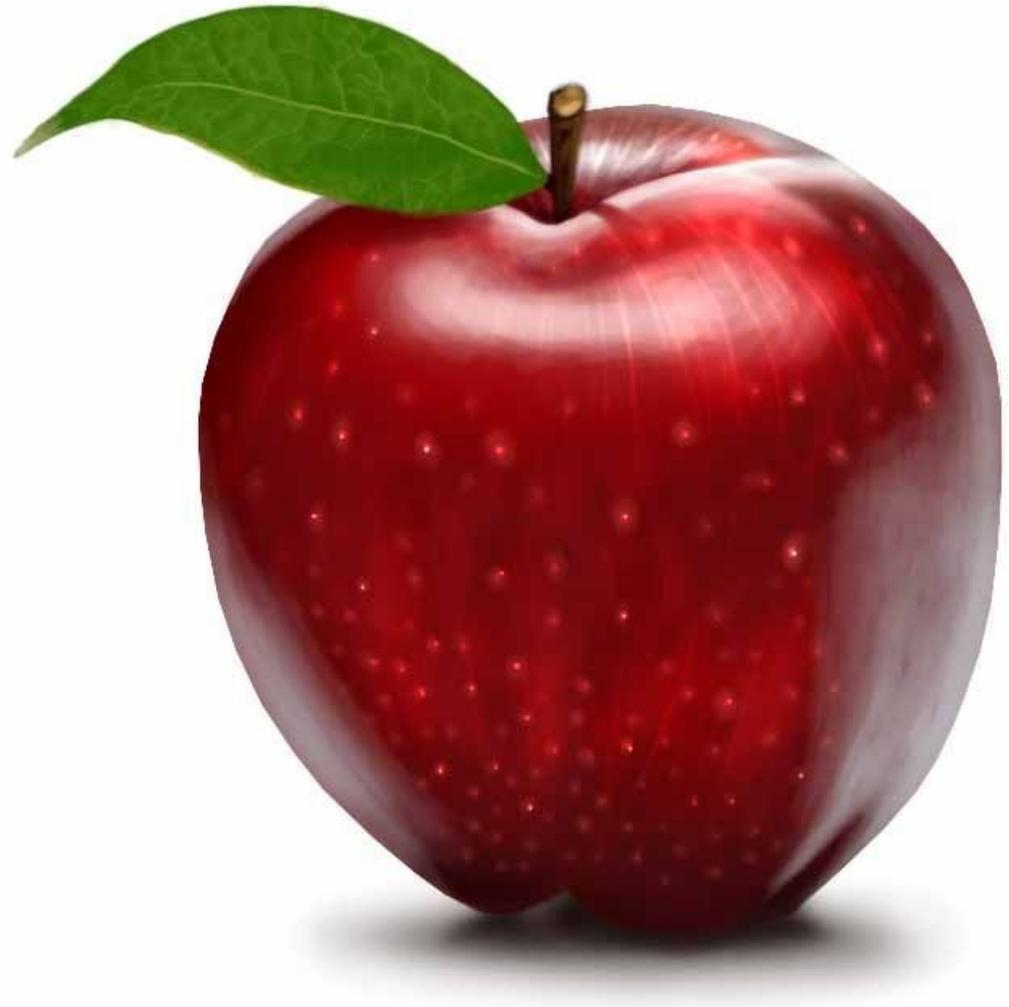
What do you
UNDERSTA
ND about an
apple?



Do you
ACCEPT what
you **KNOW &**
UNDERSTAN
D about the
apple?



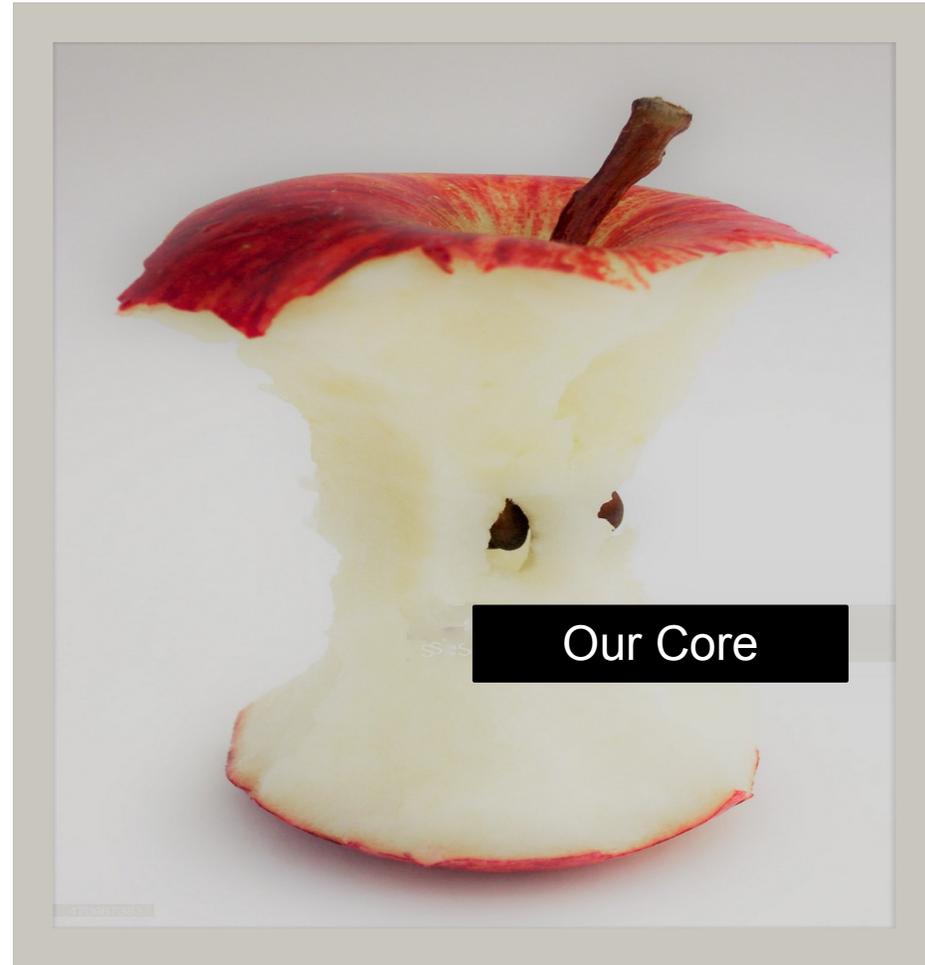
Do you
VALUE what
you **KNOW**,
UNDERSTAN
D & ACCEPT
about the
apple?



What do you
Know,
Understand,
Accept &
Value about
your
spouse?



The first thing
we should
KNOW about
ourselves is
that we all
have a **CORE.**



The Core of Men & Women



The Core Of Men & Women

Infants and children were given permission to express their emotions.



Boys &
Girls

Boys

When we
were
punished,
we heard
this:



“I better not see any
tears!”

Boys

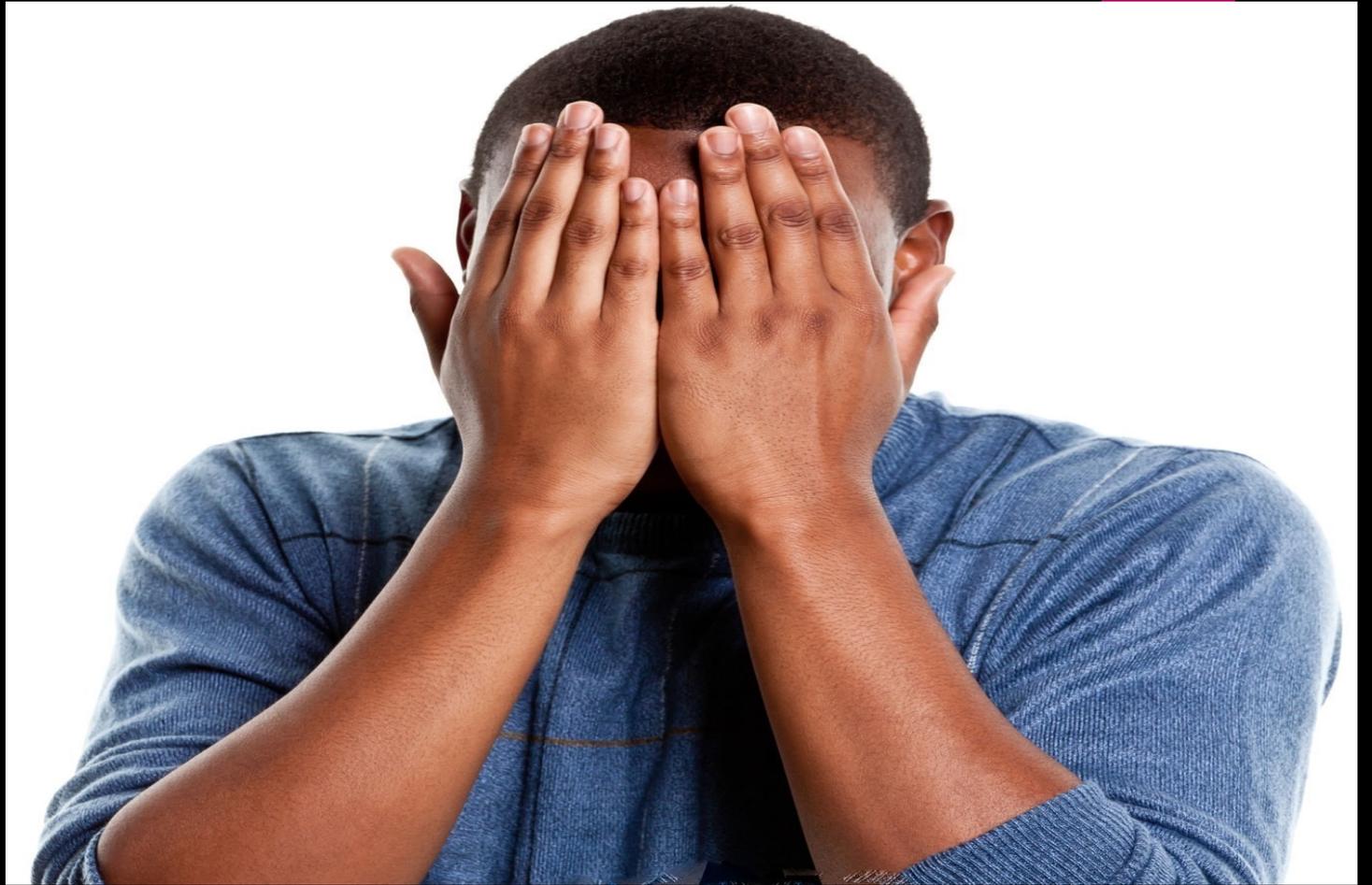
When we
received advice,
we were told this:



“I know you’re 13 years old, but real men
don’t talk about his feelings”

Boys

When we shared our feelings and if we were rejected, we thought this:



“I’ll never share how I feel again!”

Boys

For some boys it started at 4 years old.



“I don’t care what they did, you better not cry!”

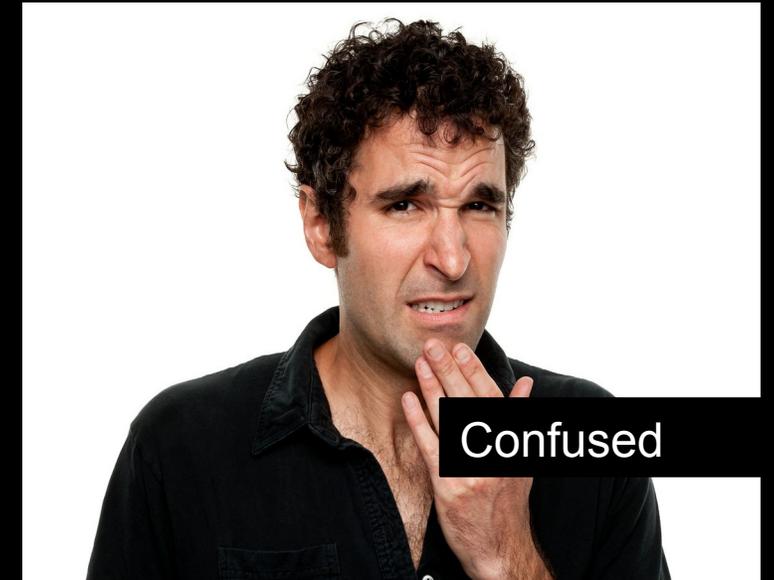
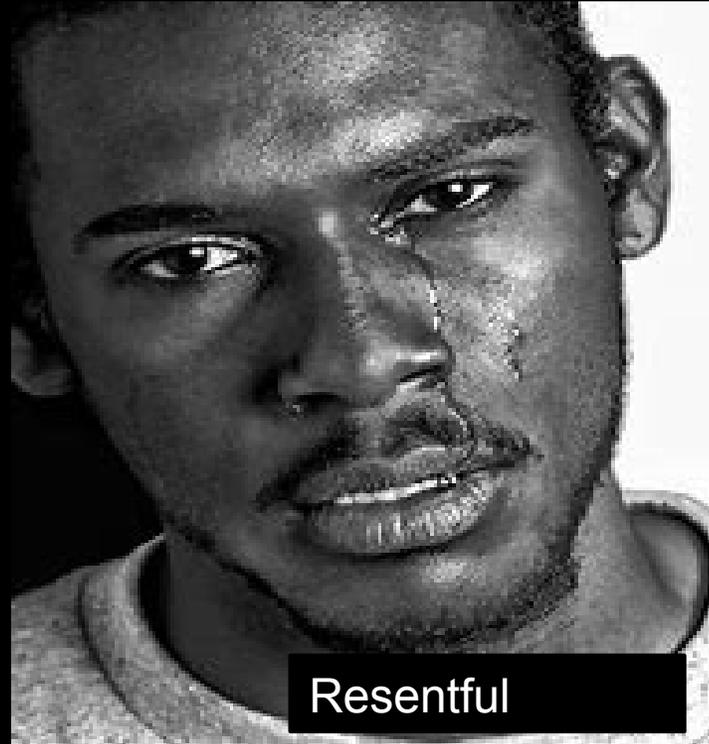
Boys

The feelings that boys experienced growing up were:



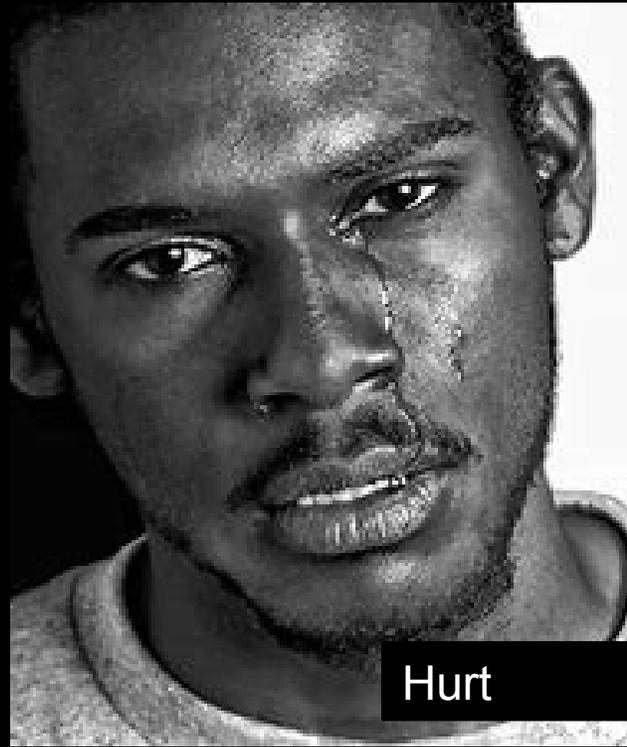
Boys to Men

And those feelings
turn into these
feelings:



Men

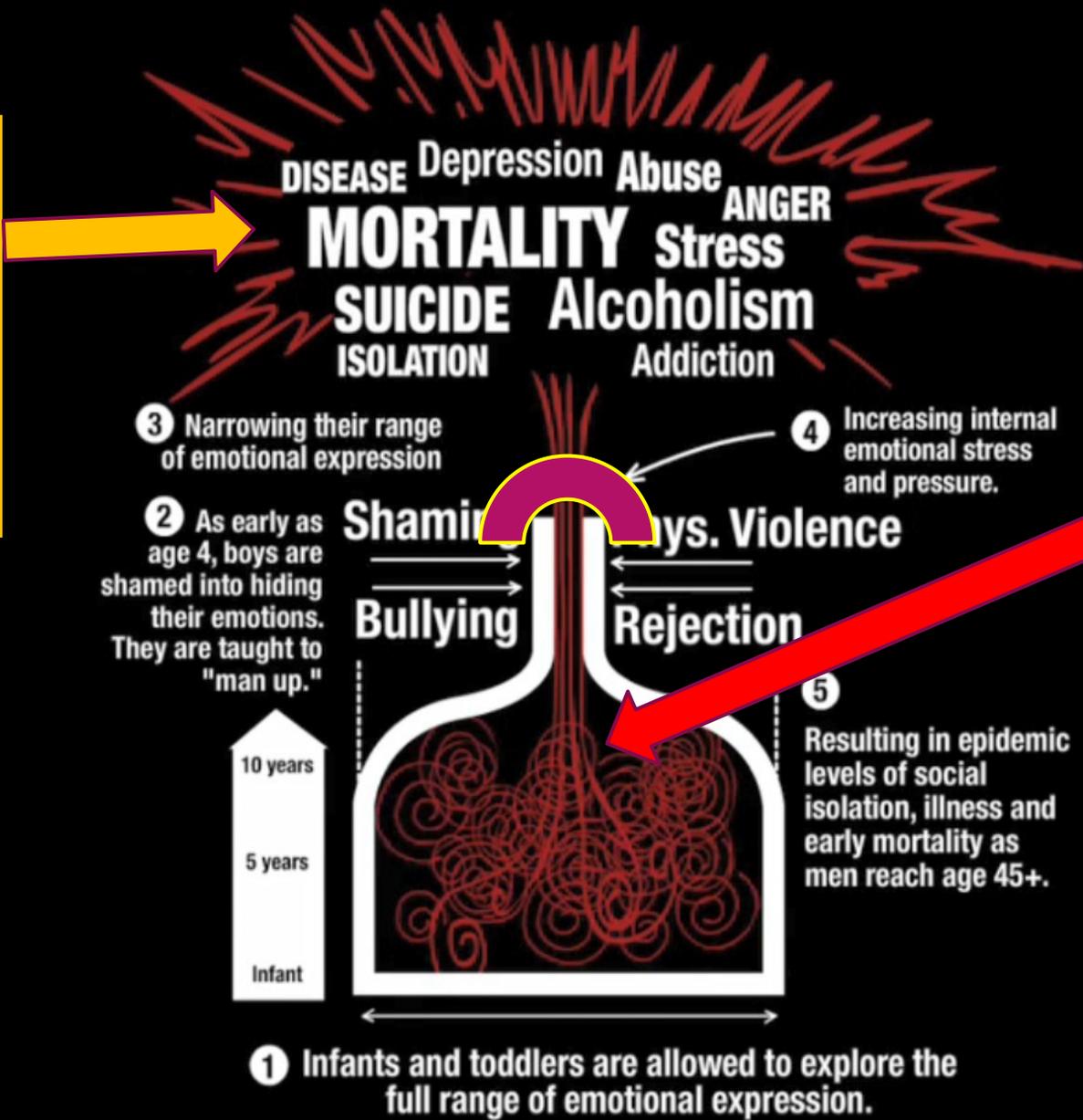
Let's take a look at what happens when men suppress their emotions.



The Male Emotional Suppression Cycle



Coping from the feelings never released.



Feelings are neither lost or destroyed they are just transfer to someone else.

The Male Emotional Suppression Cycle

Husbands

Husbands, there are things in our core that no one knows about.

True intimacy with our wives will come when we have true intimacy with God.

Girls

Girls were given permission to identify pain.



“Tell me where it hurts”

Girls

Girls were given affirmation after experiencing pain.



“It’s going to be okay.”

Girls

Girls were given permission to express themselves.



“How do you feel now?”

Wives

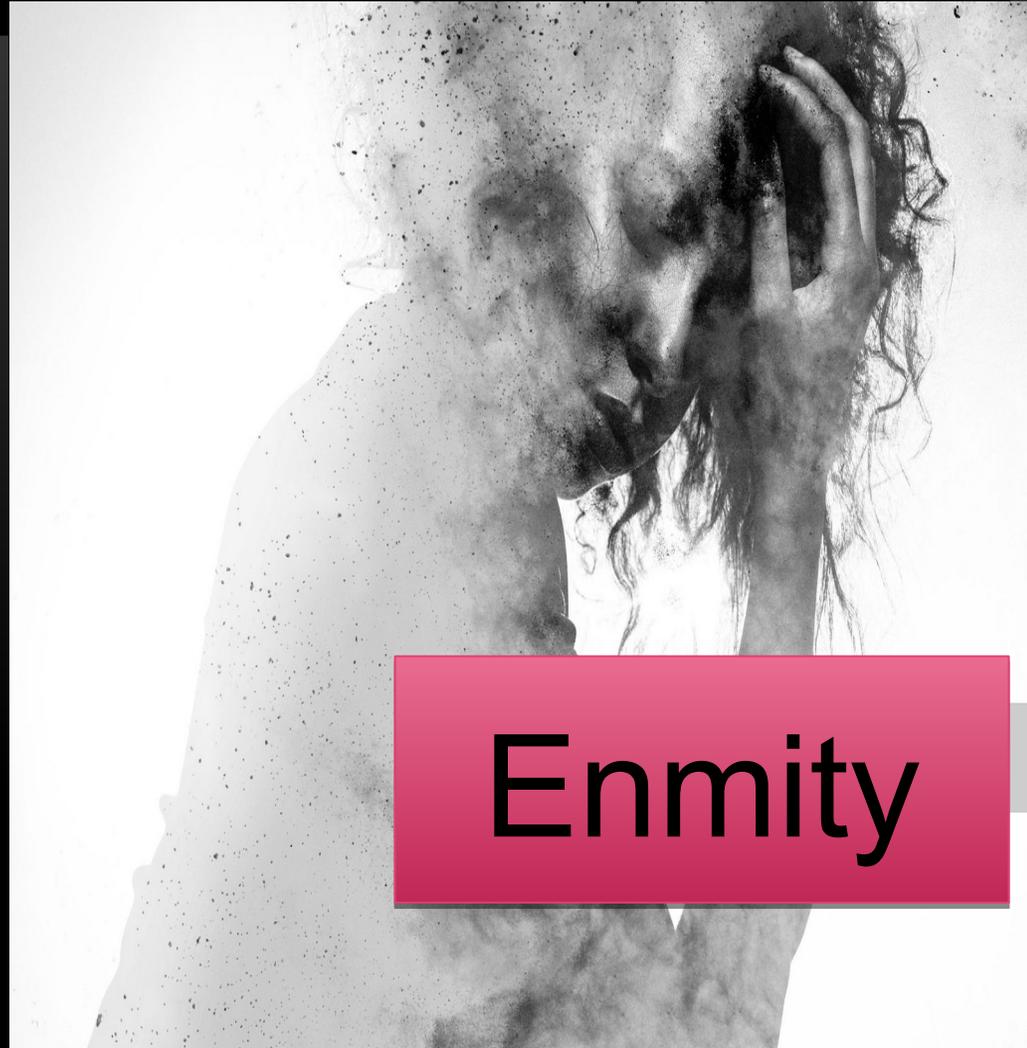
When God created women as a help-meet, He provided three gifts.



“The helper”

God's gift to Women

Gift #1-
Spiritual
Enmity



Enmity

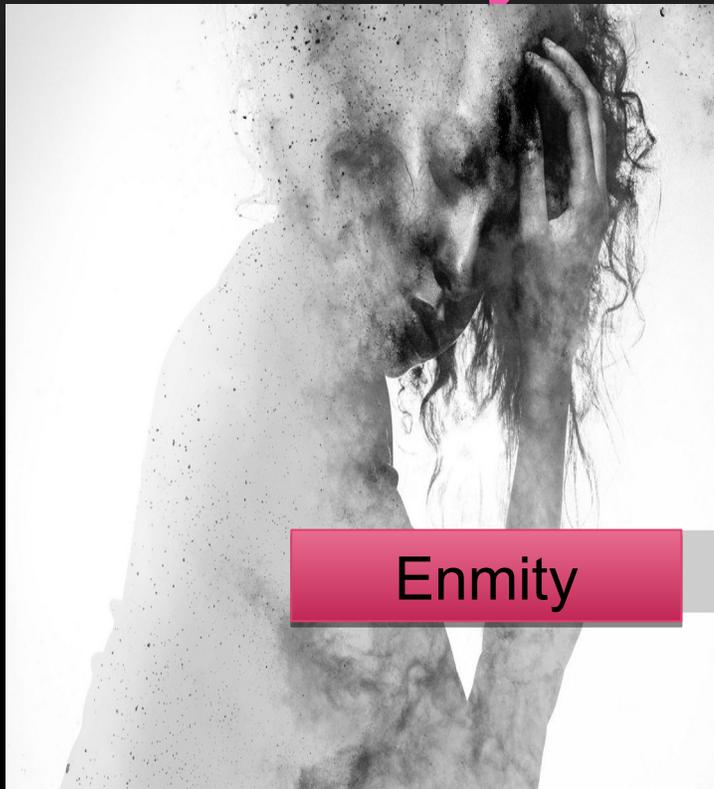
Genesis 3:15

¹⁵ And I will put
enmity between you
and the **WOMAN**,
and between your
offspring and hers;
he will crush your
head, and you will
strike his heel.”

God's gift to Women

Gift #1-Spiritual

Enmity



Enmity

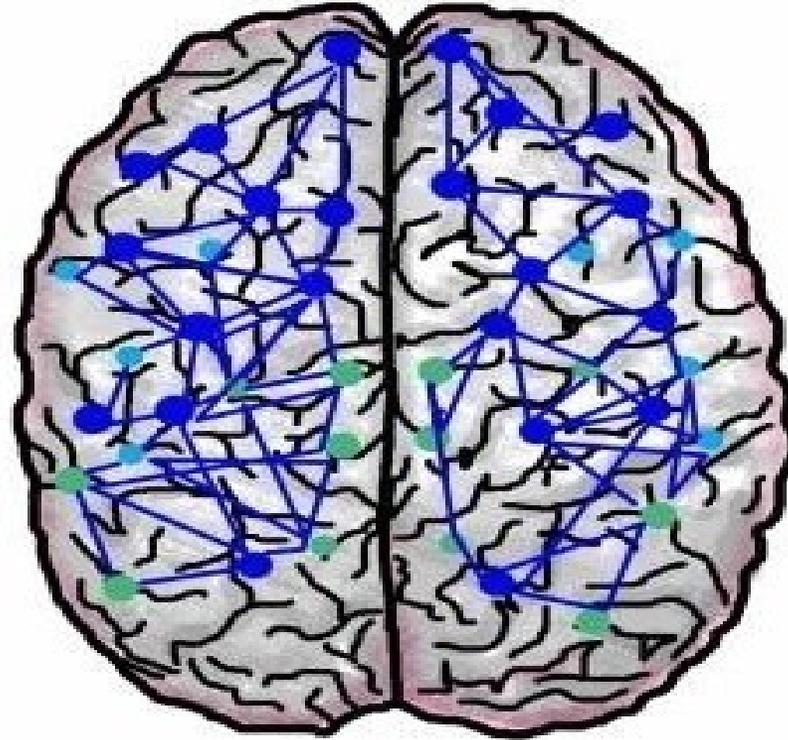
ENMITY-MEANS HATRED FOR
SIN

A SPIRITUAL FORCE FIELD
PUT BY GOD BETWEEN SATAN
AND THE WOMAN.

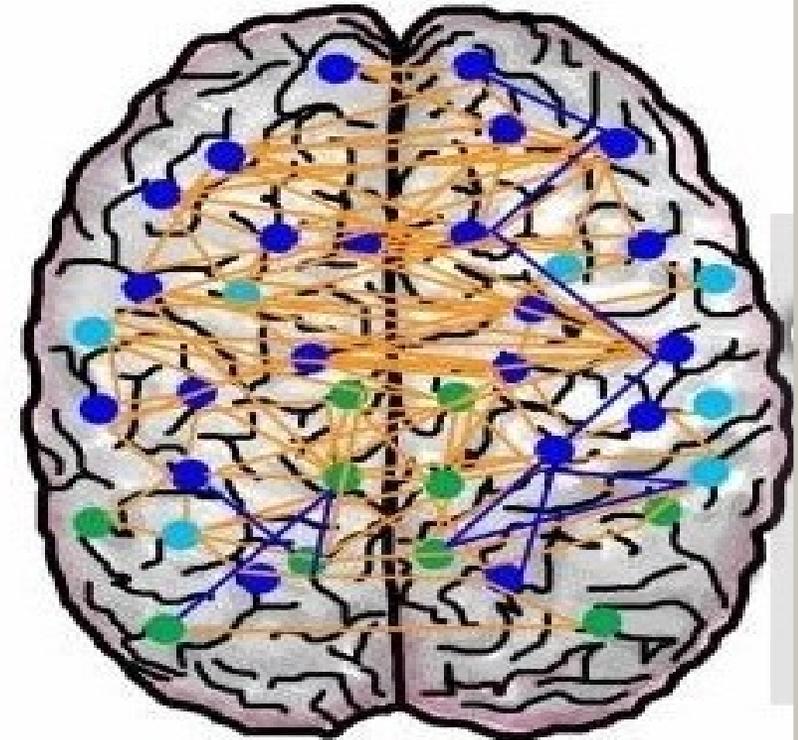
God's gift to Women

Gift #2-Mental

A woman has two verbal centers that interconnect.



**MALE
BRAIN**



**FEMALE
BRAIN**

Functional Differences

MALE BRAIN

FEMALE BRAIN



ONE SIDE

ONLY

USE ONE SIDE



neurons on

BOTH SIDES

BOTH SIDES

God's gift to Women

Gift #3-
Emotional
Oxytocin
(Love Hormone)



Oxytocin is a hormone related to empathy and bonding. Women have significantly more oxytocin than men.

Just as an apple has seeds, there are seeds in marriage that are essential for marital growth.



The Four Martial Seeds

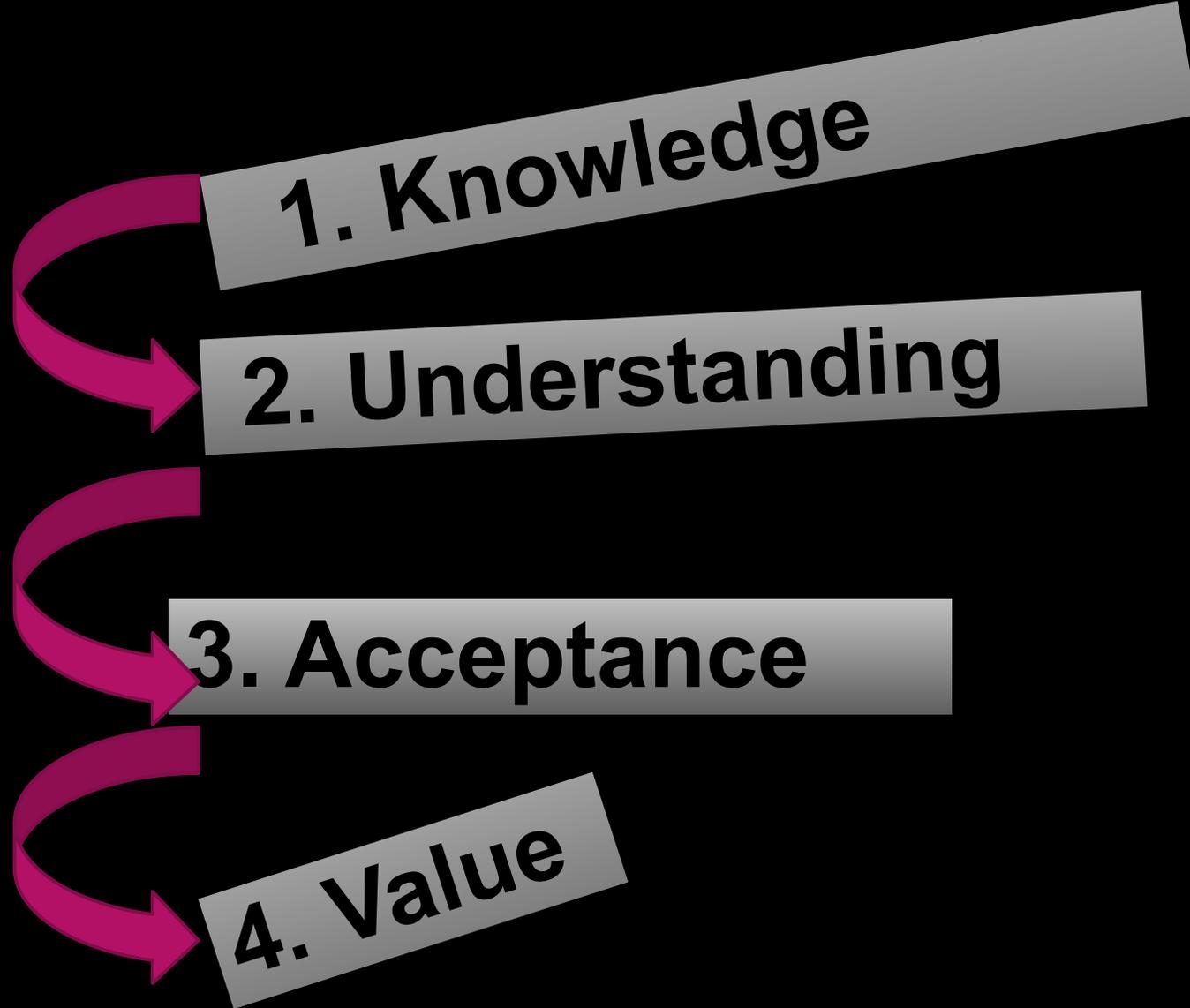
The Four Seeds of Marriage

1. Knowledge

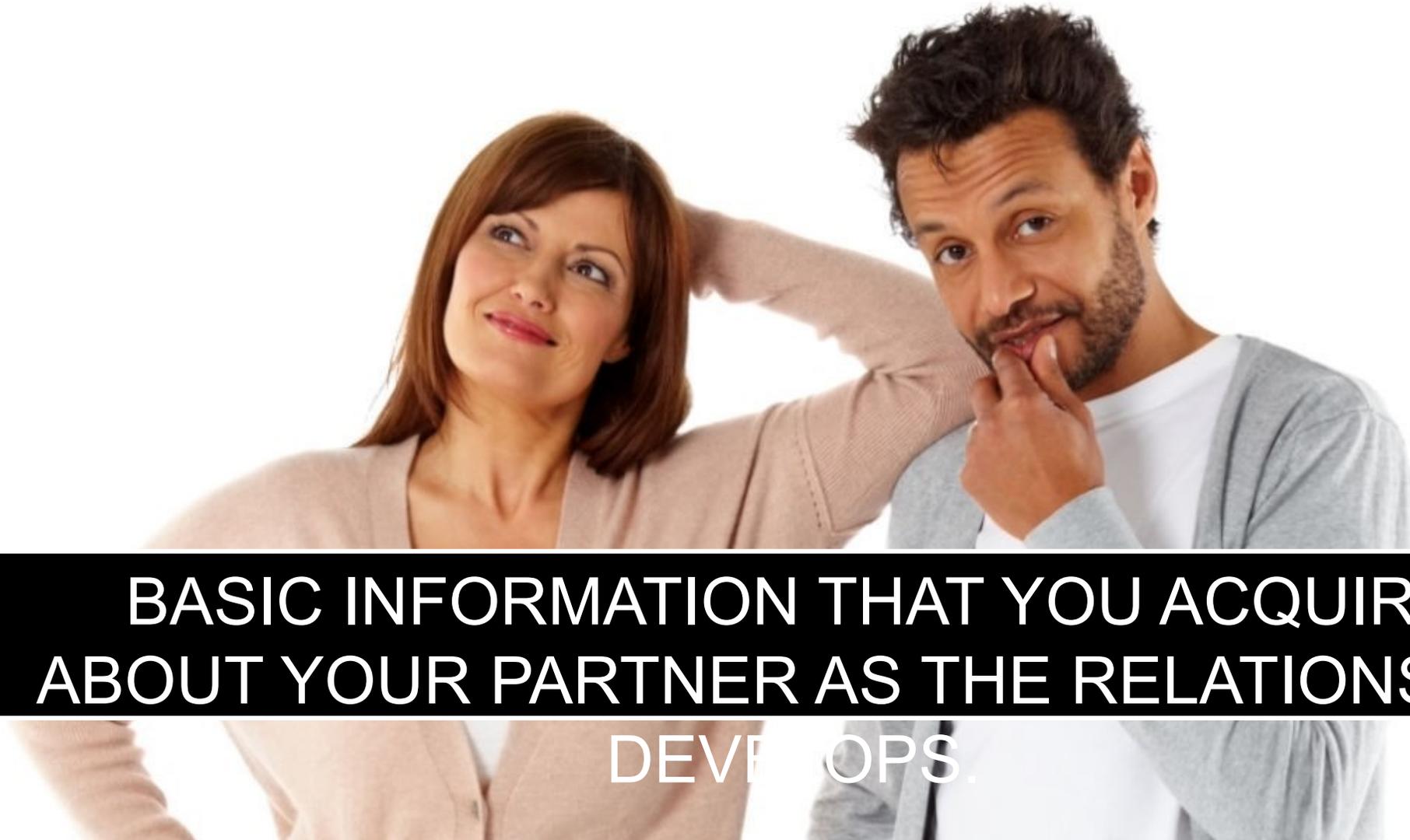
2. Understanding

3. Acceptance

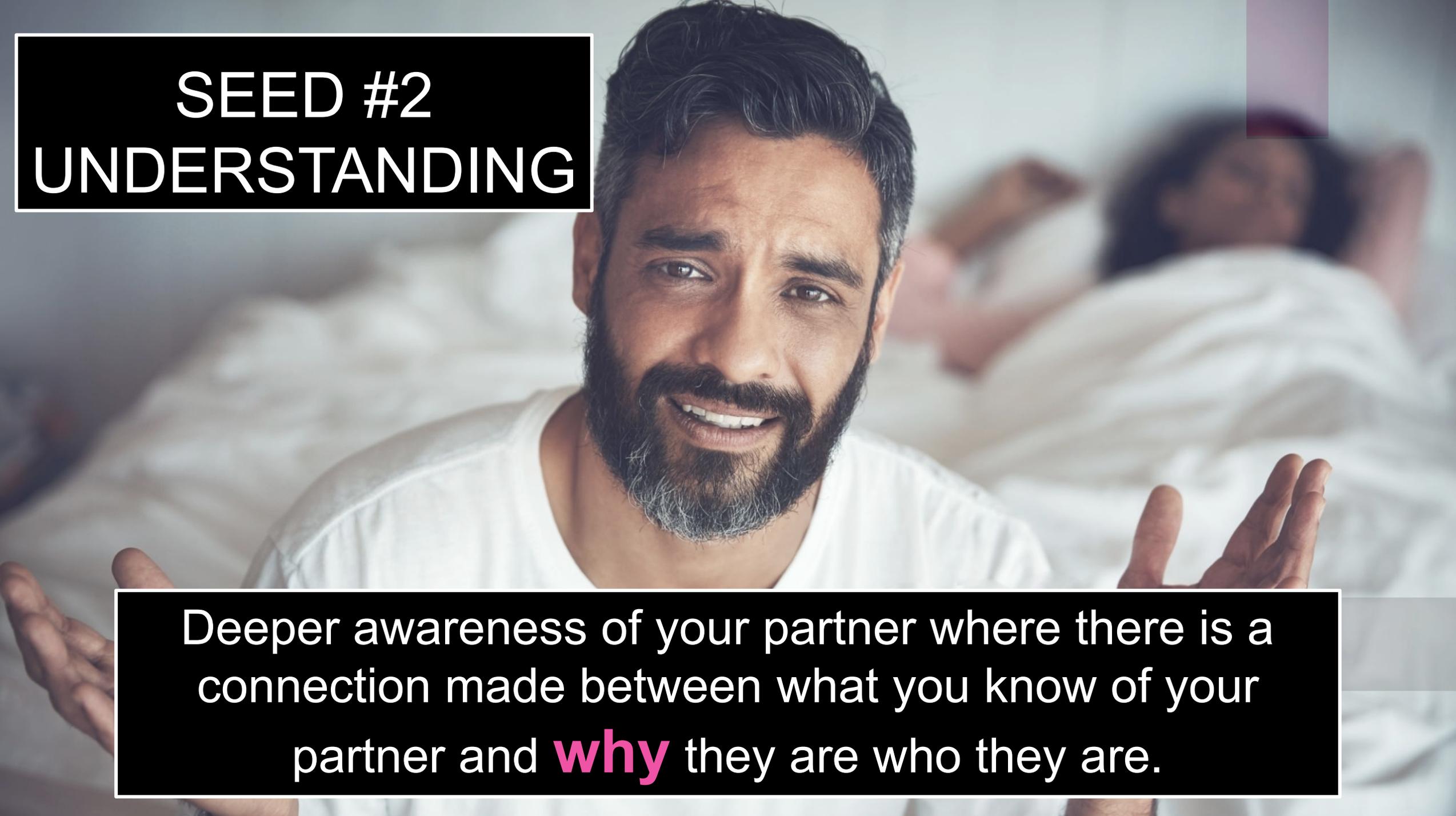
4. Value



SEED #1-KNOWLEDGE



BASIC INFORMATION THAT YOU ACQUIRE
ABOUT YOUR PARTNER AS THE RELATIONSHIP
DEVELOPS.



SEED #2 UNDERSTANDING

Deeper awareness of your partner where there is a connection made between what you know of your partner and **why** they are who they are.

SEED #4-VALUE



Respect of who your partner is and the desire to **protect** your partner from violations of those aspects of their core.

An elderly couple is shown in profile, looking towards the left. The man is in the foreground, wearing a light blue shirt, and the woman is behind him, wearing a light-colored jacket. The background is dark. A semi-transparent dark grey box is overlaid on the bottom half of the image, containing white text.

Which seeds are planted in
your marriage?

Now that you know, what are you going to do with it?





Confidential Questions
Text-770-904-1709
Live Chat-www.marriagemenders.org