

## PRE-MARRIAGE QUESTIONNAIRE

This questionnaire is designed to help you have a deeper understanding of your mate. It is important to know as much about each other before you say “I Do”.

This questionnaire is to be **filled out individually without sharing with one another**. If there is a question that you don't know the answer, just write unknown. You will be able to share the questions during the counseling session.

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **I. Personal Information (if you do not know the answer put “unknown”)**

1. What is your mate’s full name?
2. What country, region, city or state were they born?
3. What is their birth date?
4. Who raised them? If different individuals, indicate names and relationship.
5. Where were they raised? (Baby, Adolescence, Teen)
6. What are the names of their parents?
7. What are the names of their grandparents?
8. How many siblings do they have? (gender, ages and names)
9. Do they have any children? If so, what are their full names, ages and birth dates?

## II. Interpersonal Relationships (circle the appropriate answer when applicable)

1. What is their relationship like with their father? (unknown, non-existent, poor, fair, good, great). If deceased, indicate when and cause of death.
2. What is their relationship like with their mother? (unknown, non-existent, poor, fair, good, great). If deceased, indicate when and cause of death.
3. What is their relationship like with their siblings? (unknown, non-existent, poor, fair, good, great). If deceased, indicate when and cause of death.
4. Have you met and interacted with them (Mother, Father, Siblings)? If so, how was the interaction? What is your perception of them?

Father-

Mother-

Siblings-

5. What is their relationship like with their children? (unknown, non-existent, poor, fair, good, great). If deceased, indicate when and cause of death.
6. Have you met and interacted with their children? If so, what is the experience? (non-existent, poor, fair, good, great).
7. Have they avoided talking about any of the above relationships? (Yes or No)

### **III. Past Trauma**

1. Do you know if your mate has experienced any trauma? (physical abuse, sexual abuse, mental abuse, abandonment, death of a loved one, physical illness or injury). If so, have they shared in detail about the experience? Explain what the trauma was.
2. Does your mate have previous relationships that must be maintained due to them having children together? If so, what is that relationship like? (nonexistent, volatile, poor, good, great).
3. Does your mate have a “ex” that continues to impact your relationship negatively? If so, explain.

### **IV. Mental Health**

1. Do you know if your mate has suffered any mental health illness that required the treatment from a mental health professional? (bi-polar, depression, anxiety, etc.). Have taken medication for the illness (past or currently)? (Unknown, Yes, No) If yes, explain.
2. Has your mate ever displayed acts of physical aggression towards you or others? (Yes, No) If yes, explain.
3. Has your mate ever displayed acts of aggression in previous relationships? (Unknown, Yes, No) If yes, explain.

## V. Life Style

1. Does your mate partake in the consumption of alcohol, tobacco and drugs (illicit or prescription)? If so, is it on (Occasion, Moderately and Excessive)? What are your thoughts about their consumption?
2. Has your mate previously watched pornography, participated in group sex, homosexual relationships, strip clubs or any other sexual pervasive acts? (Don't Know, Yes, No, Shared Everything, Shared Some Things).
3. Do they currently watch pornography? (Unknown, Yes, No). If yes, what are your thoughts about them watching pornography?
4. If you have had sex, has there been any unusually sexual acts or behaviors which made you uncomfortable or question the motives or underlying behavior? (Yes or No). If yes, explain. What are your thoughts about having sex before marriage?
5. Has your mate ever been arrested, charged or convicted of a crime (includes traffic violations that required an arrest suspension of license, DUI, etc)? (Don't know, Yes, No).
6. Do you know if your mate has any unpaid traffic tickets, suspensions of license, court subpoenas or warrants? (Unknown, Yes, No) If yes, explain.
7. Do you know if your mate currently has any known sexually transmitted diseases to include H.I.V.?

## **VI. Emotional State**

1. Have you ever seen your mate get angry or sad in an extreme manner? If so, explain.
2. Did they talk about it afterwards or refused to discuss?
3. Do you know what triggers that emotion?
4. What does your mate do when he/she gets angry or mad?
5. Does your mate talk about how he/she feels?
6. What are your thoughts on domestic violence?

## **VII. Spiritual**

1. What is your mate's religious background? (denomination)
2. What is your understanding of the role of the wife? Explain.
3. What is your understanding of the role of the husband? Explain
4. What is your mate's relationship with God? (unknown, non-existent, fair, good, close).

5. Does he/she have an individual prayer life or study?
6. Do you believe that married couples should go to church and sit in church together? Do you foresee that being an issue? If so, explain.
7. Do you currently go to church together, pray together, bible study together? If so, who initiates it?

### **VIII. Financial**

1. Is your mate employed? If not, what is the plan for employment?
2. Do you know the mate's credit score?
3. What are your thoughts about bank accounts as a married couple? (joint, individual)
4. What are your thoughts about how you will pay your bills as a married couple?
5. What are your thoughts about life insurance, retirements and savings as a married couple?
6. Who will be the CFO (Chief Financial Officer)?. This means the one who will oversee the paying of bills and keeps track of the money coming into the household as a married couple.
7. Once married, who will be moving in with whom? Or, are you getting a home/apartment together? Who will be the primary name on the lease/mortgage?

8. Once married, who will be the primary name on the utility bills, cable, etc.?

### **IX. Present Situation**

1. Who are your mate's closest friends and what are their names?
2. Does your mate go out with friends? If so, how often and what do they like to do?
3. What does your mate like to do in his/her spare time?
4. What is his/her profession? Where does he/she work?
5. What is his/her dream career?
6. What are things that you like about him/her?
7. What are things that annoy you about him/her?
8. What does the term emasculation mean to you?

9. What baggage (stuff) are you bringing to the marriage?

10. What are your fears about the first year of marriage?

11. If the person you are going to marry never changes anything about them will you be ok with that until death do you part?